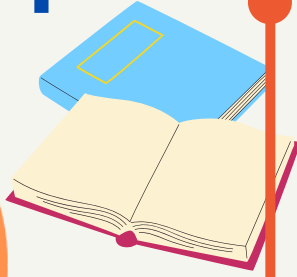


DOES "THE WORD" WORK?

A QUALITATIVE SINGLE-CASE STUDY EXAMINING THE STAGES AND PROCESSES OF CHANGE FOR WOMEN OF COLOR WITHIN THE TRANSTHEORETICAL MODEL IN A SPIRITUAL MENTORING PROGRAM

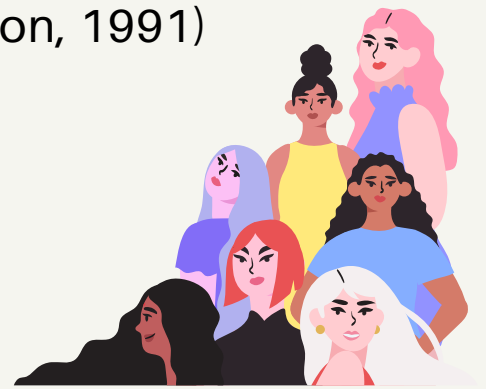
Lit Review Map



1) MENTORING

UNDERSTANDING THE PROCESS

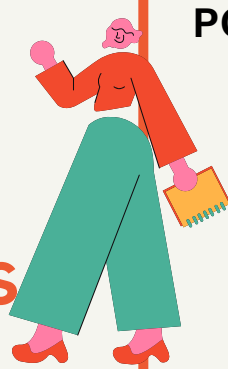
- Necessity of mentors (Lund et al., 2019; Smith, 2017; Daloz, 2012)
- Prevailing themes and types of mentoring (Clinton, 2005; Eby et al., 2008; Germain, 2011)
- Stages of spiritual mentoring (Clinton, 1991)



2) BIBLICAL INTEGRATION

CHRISTIAN EDUCATION PRINCIPLES

- Faith and learning (Richardson, 2019)
- Bridging the denominational gaps, spirituality & scripture focus (Mattis & Jagers, 2001; Taylor, 2014)
- Black church culture (Dennis et al., 2005; Moore, 2003; Moore, 2011)



3) WOC /BLACK WOMEN

POPULATION OF STUDY

- Internal empowerment found in faith (OZORAR, 1996; Mattis & Jagers, 2001; Mattis, 2000; Patton & McClure, 2009)
- Unfortunate demographic trends and social factors (Wilson, 1987; BWR 2015; Lin-Fu, 1987; BWR, 2021)
- WOC and intersectionality (Gutierrez, 2005; Dutton et al., 2017; Mezirow, 1991; Merriam & Bierema, 2014; Grow, 1991; Luna, 2016)

4) COPING STRATEGIES

BALANCING SURVIVAL TECHNIQUES

- There's a need for WOC to receive relevant coping strategies to overcome physical, mental, and emotional anguish.
- The study addresses non-effective tools such as Spiritual Bypass, the Strong Black Woman schema, and Self-silencing (Picciotto et al., 2018; Harris et al., 2019; Abrams et al., 2019).



RESEARCH QUESTIONS

4 EMBEDDED UNITS

1. How do mentees describe their experiences with spiritual mentoring related to the stages of change adapted from the TTM?
2. How do mentees describe their experiences with spiritual mentoring related to the processes of change adapted from the TTM?

